



# GOONAWARRA NEIGHBOURHOOD HOUSE

2020 ACTIVITIES | Call: 9740 6627 | ABN: 17827193183

## MON

### Busy Bees

9am - 12pm &  
12.45pm - 3-45pm  
3-4 year old Activity group  
\$290 per term

### Girl's Circle

3.45pm - 5.15pm  
Empowerment group for  
girls ages 9 - 12  
Referral only  
Free

### Zumba with Matilda

5.45pm - 6.45pm  
Get fit & have fun  
\$10 per class

### Meditation

7pm - 7.45pm  
Meditation techniques that  
can promote a sense of  
calm and heightened  
awareness  
\$15 per session  
Call Judith for more  
information  
0422 142 729

## TUES

### Occasional Child Care

9am - 1 pm  
Ages 6months - 5 years  
\$35.00 per session

### Goonawarra Walking Group

9.15am - 10-15am  
An opportunity to walk  
and talk whilst meeting new  
people.  
Free

### Bright Eyes Playgroup Facilitated

1.30 pm- 3.00pm  
For babies, toddlers, preschoolers,  
their parents, grandparents or  
carers.  
\$45 per term

### Light Exercise for Older Adults

3pm - 4pm.  
Light stretches and band work  
Strength training using light  
dumbbells  
And some floor work.  
\$10 per class

### Kids in the Kitchen (9-12)

4pm - 5.30pm  
Learn to cook and learn  
life skills in a safe space  
\$100 for 8 sessions

## WED

### Occasional Child Care

9am - 1 pm  
Ages 6months - 5 years  
\$35.00 per session

### Northpoint Food Parcels

9am - 11am  
Providing food to people in need,  
we break down barriers to  
accessing good food.

### Sunbury Craft Group

11am - 1pm  
Create, make, sew and laugh  
with a great group of woman  
Gold coin donations

### Boy's Drop-in

3.45pm - 5.15pm  
An awesome space for boys  
aged 8 - 10  
Activity based program  
Referral Only, Free

### Monthly Meetings

7.30pm - 9.30pm  
\*Sunbury Residents Assoc.  
\*Calder Action Group.  
\*Labour Party and more

### Exciting News!

Goonawarra Neighbourhood  
House will be renovated in  
Term 2 2020 thanks to Hume  
City Council.

Watch this space for more  
announcements later on in Term  
1 2020.

## THUR

### Goonawarra Drop-in

10am - 12pm  
Meet women in your area and have  
some laughs and great conversations!  
Gold coin donation

### TOTs Movement to Music

9.45am-10.15am  
Dance & Sing  
for 2-4 year olds  
\$50 per term

### Sunranges Twins Playgroup

11.00am - 1pm  
For parents with multiple births for  
friendship & support  
\$25 per term

### North West Learning Network

1.15pm - 4pm  
For home-schooled Children.  
Fortnightly. Contact Victoria  
via [https://www.facebook.com/](https://www.facebook.com/Northwestlearningnetwork/)  
Northwestlearningnetwork/

### Kids in the Kitchen

(9-12)  
4pm - 5.30pm  
Learn to cook and learn life skills in  
a safe space  
\$100 for 8 sessions

### Learn to Speak German

Learn Conversational German  
Intermediate 4.30- 6.30 pm  
Beginners 7-9pm  
Contact Magda for more  
information on 0433 639 757

### NEW Photography Course

7pm-9pm (more Info on the back)

## FRI

### Occasional Child Care

9am - 1 pm  
Ages 6months - 5 years  
\$35.00 per session

### Light Exercise for Older Adults

2pm - 3pm.  
Light stretches and band work  
Strength training using light  
dumbbells  
And some floor work.  
\$10 per class

### ROOM/HOUSE HIRE

Days & Nights available across  
the week and weekends.  
Need a space for your own group,  
party or event?  
Book a room or the house

### EVENTS - Term 1, 2020

### GRM Share the Love Twilight

**Festival** - February 14th 4-8pm  
Our Local Community Festival  
Tulsa Reserve  
Stall Holders & Sponsors Welcome

### International Women's Day

Celebrated annually on March 8th  
Details will be posted on Facebook

*We acknowledge the Ancestors,  
Elders and families of the  
Woiwurrung of the Kulin as the  
traditional owners of land.*



## OFFICE HOURS

Monday to Thursday 9am - 3pm,  
Friday 9am - 1pm

**ENROLMENT:** Please call **9740 6627**

**PRIVACY:** Information collected is kept in accordance with the information privacy laws. GNH will only release information when legally obliged to do so.

**CANCELLATION POLICY:** GNH reserves the right to cancel any course due to insufficient enrolments. Full refunds will be given for any cancellations.

## TERM DATES 2020

Term 1: 28 January - 27 March

Term 2: 14 April - 26 June

Term 3: 13 July - 18 September

Term 4: 5 October - 18 December



**Ocasional Childcare**  
Tuesday, Wednesday and Friday 9am - 1pm  
4 hourly sessions only \$35.00  
**Busy Bees**  
3 - 4 years old activity group  
Mondays 9am - 12pm or 12.45pm - 3.45pm  
\$290 per term

\*Bring a friend and get one session free!

Qualified & Experienced Staff  
Safe, Caring & Fun environment to enhance your child's learning  
Educational program tailored for individual needs



# WHAT'S NEW IN 2020



## Brighteyes Playgroup 2020

Tuesdays 1.30-3.00pm

8 Gullane Drive, Sunbury



**Brighteyes Playgroup** is for babies, toddlers and preschoolers and their parents, grandparents or carers. Playgroup is an informal, low cost gathering facilitated by an experienced worker.

Children will make new friends, have new experiences, gain self confidence. Develop physically, socially, emotionally and intellectually.

### How parents can benefit?

Playgroup can be a lifeline to parents with babies, toddlers and preschoolers who might not have any other opportunity to get to know local parents going through similar experiences.

### What does the Brighteyes Playgroup do?

Brighteyes Playgroup has a great range of indoor toys and puzzles and outdoor play activities including a sandpit, slide, tower and blackboard. Each week we will have the play area set up with activities relevant to your child's needs and interests and guest speakers as determined by parents needs.

Parents are encouraged to bring a snack for their own children.

Special activities will be held throughout the year such as a Santa visit during Christmas. Coffee, tea, biscuits and fruit will be provided.

**Book on 9740 6627 Cost: \$45 per term per family**



**OUR BIRTHDAY**  
GNH's is turning  
**30**

in 2020!  
Celebrations are  
planned  
later in the year.  
Details to follow

**BEGINNERS  
PHOTOGRAPHY  
COURSE**  
GET TO KNOW YOUR CAMERA  
LEARN ABOUT COMPOSITION  
BECOME CREATIVE  
LEARN FROM EACH OTHERS PHOTOS

**Thursdays  
7pm - 9pm**

Tutor Michael Stikovic will cover;  
Introduction to Photography & Exposure Effects of  
Shutterspeed and Aperture  
Understanding Focal Length & Depth of Field  
Street Photography  
Portrait Photography  
Night Photography  
Landscape Photography  
Studio Lighting  
An excursion - Landscape Photography / Night Photography

**A New Year Hobby or Interest**

This is an 8 week course commencing on the 30th January to  
the 19th March 2020. Cost \$100  
Book on 9740 6627



## Other Services

Referral & Support - Resume Help - Tax Help - Photocopying - Scans -  
House & Room Hire - Community Support & much more!

Call us if you have an idea or a skill you want to share

**When you join GNH as a member, you're joining a community of people that care about their community. As well as contributing to the strategic focus of our initiatives, you'll be able to vote in the AGM and be involved in events.**